Assessment Task

Subject: Personal Learning Plan (Stage 1)

Teacher: Mrs Rebecca Dimmick, Mr Thomas Higgs, Mrs Karen Kidd and Mr Joel van Bentum

Task Title: Folio Task 1 | My Personal and Learning Goals

Draft Due Date: Wednesday, 16 March 2016

Final Due Date: Wednesday, 23 March 2016

Please note that failure to submit the task by this date will result in academic detention until completed.

Learning Requirements:

- Identify, explore, and develop personal and learning goals and strategies to achieve them.
- Select, understand, and explain one or more capabilities relevant to achieving their goals.

Outcomes Assessed:

UC1 Understanding and explaining the selected capability or capabilities
DP1 Identifying and exploring personal and learning goals and developing strategies to achieve them.
Task Outline:

Purpose:
This assessment is designed to help you identify key Personal and Learning Goals that will help you to achieve career and life objectives. You will also develop key strategies for achieving these goals. Each goal will be linked to a specific Capability that you want to develop alongside your goal.

Task:

1. Identifying Goals:

Using the information that you have gathered regarding learning styles and strategies, personality types and career paths, you are to select 6 Personal and Learning goals.

These goals are to be SMART goals so that you are able to assess your progress in achieving them throughout the year.

The SMART principles of goal setting are:
- Specific
- Measurable
- Action-Oriented
- Realistic
- Time Based

Each of your goals needs to be created according to these principles.

You must come up with 3 Personal Goals and 3 Learning Goals. 2 of these goals should relate to career and/or work experience.

2. Linking Goals to Capabilities:

When you have identified your goals, look at the 7 Capabilities and link an appropriate Capability to each goal. Explain why you think that Capability links to the goal. NB. You do not need to address all of the capabilities, you only need to discuss the Capabilities that link with your goals. Please select at least 2 of the seven Capabilities.

3. Create 6 Postcards – one for each of your goals.

Each Postcard must:
- Clearly identify the goal as personal or learning
- Provide a SMART strategy for achieving the goal
- Link the goal to a capability and define the capability
- Be creative in design.
### Performance Standards / Marking Criteria

<table>
<thead>
<tr>
<th>Understanding the Capabilities</th>
<th>Developing Personal and Learning Goals</th>
<th>Reviewing the Learning</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>A</strong> Clearly explains understanding of the selected capability or capabilities, with insightful and detailed examples.</td>
<td>Clearly identifies personal and learning goals and purposefully explores them in detail. Develops a range of effective strategies to achieve them. Interacts purposefully with others, in developing and refining strategies. Effectively develops the selected capability or capabilities relevant to achieving his or her goals, in well-planned, insightful, and/or creative ways.</td>
<td>Clearly reviews personal and learning goals with insightful reflection on the effectiveness of strategies to achieve them. Reviews the development of the selected capability or capabilities, with insights into how this helps to achieve his or her goals.</td>
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<tr>
<td><strong>B</strong> Explains understanding of the selected capability or capabilities, with some detailed examples.</td>
<td>Identifies personal and learning goals and explores them in some detail. Develops some effective strategies to achieve them. Generally interacts effectively with others, in developing and refining strategies. Develops the selected capability or capabilities relevant to achieving his or her goals, in a way that is mostly effective, and generally organised or creative.</td>
<td>Reviews personal and learning goals, with some insights into the effectiveness of strategies to achieve them. Reviews the development of the selected capability or capabilities, with some ideas about how this helps to achieve his or her goals.</td>
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<tr>
<td><strong>C</strong> Gives some explanation of what the selected capability or capabilities are, with brief examples.</td>
<td>Identifies personal and learning goals and explores some aspects of these goals. Develops at least one effective strategy to achieve them. Interacts with others, in developing and making some refinement to strategies. Develops the selected capability or capabilities relevant to achieving his or her goals, in a way that has some effectiveness, and some organisation or creativity.</td>
<td>Reviews personal and learning goals, with some reflection on the effectiveness of the strategy or strategies to achieve them. Reviews the development of the selected capability or capabilities, with an idea about how this helps to achieve his or her goals.</td>
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<tr>
<td><strong>D</strong> Gives some basic description of the selected capability or capabilities, with limited examples.</td>
<td>Identifies one or more personal or learning goals and locates some information that may be relevant to the goal(s). Describes aspects of a possible strategy that may help to achieve the goal(s). Interacts with others with limited effectiveness, to talk about possible strategies. Develops an aspect of the selected capability or capabilities, with partial effectiveness. The relevance to the goal(s) may not be clear.</td>
<td>Describes one or more personal or learning goals with some recount of learning in the subject. Describes own participation in an activity to develop the selected capability or capabilities, with a vague link to goals.</td>
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<tr>
<td><strong>E</strong> Attempts to describe at least one capability and give an example.</td>
<td>Identifies a personal or learning goal without any realistic strategies to achieve it. Attempts to locate information that may be relevant to the goal. Gives limited responses to questions from others about possible strategies. Attempts to develop an aspect of the selected capability or capabilities, with limited effectiveness or relevance to the goal.</td>
<td>Gives limited responses to questions about learning in the subject. Gives limited responses to questions about own participation in an activity to develop the selected capability or capabilities. Makes a superficial statement about a selected capability in attempting to identify a link to a goal.</td>
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